

## Communal Discussions

CMSM members are encouraged to gather to discuss synodality in their own communities. Please feel free to define community as you see fit; this could be as institute, society, province, or monastery-wide; leadership council; or sponsored ministry.

## Conversation Guidelines

(1) Those who attend should be adequately prepared for the conversation. This might include providing them with the “[Preparatory Document](#)” and “[Vademecum](#),” questions posed, CMSM’s [synodality primer](#), or other relevant documents for their review.

(2) Consider inviting an outside facilitator. This might be a trusted member of the community who is not the superior, who can elicit a broad range of responses and ensure everyone is heard.

(3) Designate one person to act as recorder. This person should take appropriate notes, summarize the discussion, and submit the summary to CMSM at the conclusion of the conversation.

(4) Begin your session in prayer, possibly starting with the *Adsumu, Sancte Spiritus* (page 4).

## Synodality Questions

### The Fundamental Question of the Synod of Bishops

A synodal Church, in announcing the Gospel, ‘journeys together.’ How is this ‘journeying together’ happening today in your particular Church? What steps does the Spirit invite us to take in order to grow in our ‘journeying together’? -From the Preparatory Document

### Questions for Discussion

CMSM members are encouraged to gather with other members of their communities, with leaders, with lay staff or volunteers, or with anyone who might be interested in discussing synodality.

How does your community live out synodality?  
In what ways can it improve its commitment to synodality?

Think to the times leaders have changed.  
What are the challenges in those time periods? What are the joys?

How can we ensure our entire community is truly  
“listening together to the voice of the Holy Spirit”?

What would you like your community to learn  
from this Synod of Bishops?

What should the Synod understand about religious communities  
and synodality?

What can the Church learn from how  
your community lives out synodality?

### CMSM Synodality Feedback Survey

Visit this URL to access the survey: [www.surveymonkey.com/r/synodality](http://www.surveymonkey.com/r/synodality)

## ***Adsumus, Sancte Spiritus***

Prayer of invocation to the Holy Spirit for an ecclesial assembly of governance or discernment

We stand before You, Holy Spirit,  
as we gather together in Your name.  
With You alone to guide us,  
make Yourself at home in our hearts;  
Teach us the way we must go  
and how we are to pursue it.  
We are weak and sinful;  
do not let us promote disorder.  
Do not let ignorance lead us down the wrong path  
nor partiality influence our actions.  
Let us find in You our unity  
so that we may journey together to eternal life  
and not stray from the way of truth  
and what is right.  
All this we ask of You,  
who are at work in every place and time,  
in the communion of the Father and the Son,  
forever and ever. Amen.